K-12 STUDENT PHYSICAL EDUCATION MEDICAL LIMITATION/EXEMPTION

In accordance with Iowa Code (256.11(6)), Iowa Department of Education guidelines and Cedar Rapids School Board Regulation (400.7), all students who are physically able must participate in Physical Education classes. Students are allowed medical exemptions only when they are physically unable to participate as determined by a Licensed Health Care Provider (MD, DO, PA, ARNP, DDS, DPM for conditions of the foot/ankle only and Chiropractor for musculoskeletal conditions only).

STUDENT: ______________________________________________________

BUILDING/GRADE: _________________________________

MEDICAL LIMITATION

I have determined the above named student is physically able to participate in physical education classes with the following limitations: ________________________________________________________________

Start Date: __________ End Date: __________

or

_____ Current Semester _____ Full School Year

Check all that apply:

May participate in: _____ Walking _____ Jogging _____ Upper body exercises _____ Lower body exercises

_____ Resistance band exercises _____ Jumping _____ Plyometric exercises _____ Weight lifting

MEDICAL EXEMPTION

I have determined the above named student is physically unable to participate in physical education classes for the following length of time:

Start Date: __________ End Date: __________

or

_____ Current Semester _____ Full School Year

Licensed Health Care Provider Signature: ______________________ Date: ________

6/4/15