

PERMISSION TO PRACTICE INFO

Permission to Practice – all student-athletes must have permission to practice granted by the Activities Office prior to practicing with any Kennedy athletic team. To be given permission to practice, please visit the Kennedy Activities Registration website at: <https://kennedy-ar.schooltoday.com/> and complete a registration form for all student-athletes in your family. We are only accepting online registrations starting with the 2017-2018 school year. You must have a copy of your most recent physical to complete the process. If you need assistance obtaining a copy of a completed physical, contact your doctor's office or the activities office.

To be eligible to practice with a Kennedy athletic team, these 2 items must be completed and/or submitted through the Kennedy Activities Registration website.

- **Physical** – to participate in school sponsored athletic activities, a student-athlete must have a current physical on file with the school. This physical must have been completed within the 12 calendar months. A 30-day grace period is allowed for insurance coverage purposes. If an athlete's physical expires they will be unable to practice or compete until a new physical uploaded and on file on the Activities Registration site. **[Click here for the Physical Form](#)**
- **Concussion Form** – according to Iowa Department of Education policies, each student-athlete must have a signed Concussion Form on file in the Activities Office. This must be completed each year. This form is completed as a part of the online registration process at <https://kennedy-ar.schooltoday.com/>