

# Kennedy Basketball



## Tradition Starts Here



Our websites:

<http://kenn.cr.k12.ia.us/athletics/>  
[www.juniorcougarbasketball.com](http://www.juniorcougarbasketball.com)

*"Being a part of Kennedy Basketball has given me some amazing memories. Not only that but it has taught me a lot of life lessons on the way, like hard work, patience, and the importance of having a positive attitude."* **Austin Holzer Class of 2014**

*"Attending the Kennedy Camp gives you an advantage because you're learning the Kennedy way at a young age. It also teaches you how to become a better person after basketball is over."* **Derek Girling Class of 2016**

*"The Kennedy Basketball Camp has taught me a lot about the game and has given me the fundamentals to be successful on the court."* **Brendon Manning Class of 2015**

*"Kennedy Basketball is about more than just winning games. Our program has been able to prepare me for the future after high school. It has made me not only a better basketball player, but a better person."* **Drew Heitland Class of 2014**

*"Being a part of the Kennedy Basketball Program is an honor and tradition that is much bigger than yourself. We are tough, have great discipline, know how to compete and work the hardest. We always do the right thing and are upstanding student athletes."* **Matt Berst Class of 2017**

*"The Kennedy Basketball Camp is about more than the fundamentals of basketball. It's about building friendships and creating memories that you will carry with you throughout your high school athletic career."* **Cole Murdock Class of 2015**

*"Kennedy basketball means being a part of something bigger than yourself. It's a family that allows you to grow as a basketball player but more importantly a person."* **Jackson Foley Class of 2018**

*"Kennedy Basketball Camp has taught me how to be fundamentally sound on the court and how to be a better person in the community."* **Zach Daniels Class of 2015**

*"Kennedy basketball is a second family for me. The program helped me develop me into the player and person I am today, while teaching many valuable lessons along the way. Even though basketball might be the focus, there is no lack of character development and I think that was the most important aspect for me in my time player as a Cougar."* **Malik Haynes Class of 2017**

*"The Kennedy Basketball staff and their teachings are the foundation of who I am as a student-athlete and as a young man. I'm proud to say I played for the Kennedy Coaching Staff"* **Derek Jacabus Class of 2014**

*"The Kennedy basketball program taught me how to get the best out of my abilities through strong coaching and great teammates. The lessons I learned about hard work and perseverance have made a positive impact in my life on and off the court."* **Ben Koester Class of 2019**

# 2019 Kennedy Basketball Camps

## Boys Elementary & Middle School



## Strength In Numbers

### Elementary Boys Camp

**2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup> and 5<sup>th</sup> Grades 9:30am - 11:30am**

Week #1 Monday June 10<sup>th</sup> – Thursday June 13<sup>th</sup>

Week #2 Monday June 24<sup>th</sup> – Thursday June 27<sup>th</sup>

### Middle School Boys Camp

**6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> Grades 12:00pm – 2:00pm**

Week #1 Monday June 10<sup>th</sup> – Thursday June 13<sup>th</sup>

Week #2 Monday June 24<sup>th</sup> – Thursday June 27<sup>th</sup>

# Elementary Boys Camp

## 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup> and 5<sup>th</sup> Grades

### Week #1

Week #1 Monday June 10<sup>th</sup> – Thursday June 13<sup>th</sup>

9:30 a.m. - 11:30 a.m.

### Week #2

Monday, June 24<sup>th</sup> – Thursday, June 27<sup>th</sup>

9:30 a.m. - 11:30 a.m.

### Registration Fee

**\$60.00 (One Week)**

**\$100.00 (Both Weeks)**



**Each participant will receive a Kennedy Basketball Camp T-shirt**

**Participants registering for Week #1 and Week #2 will receive a pair of camp shorts.**

**Week #1** - The Kennedy Men's Basketball Staff will focus on providing knowledge of shooting, dribbling, passing, defensive and offensive techniques along with fundamentals in an individual and team setting.

**Week #2** – The Kennedy Men's Basketball Staff will provide advanced instruction on the skills addressed during Week #1 and introduce the Kennedy team concepts.

**For more information contact:**

Head Coach Jon McKowen  
319-558-3042 or email  
jmckowen@cr.k12.ia.us

# Middle School Boys Camp

## 6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> Grades

### Week #1

Week #1 Monday June 10<sup>th</sup> – Thursday June 13<sup>th</sup>

12:00 p.m. - 2:00 p.m.

### Week #2

Monday, June 24<sup>th</sup> – Thursday, June 27<sup>th</sup>

12:00 p.m. - 2:00 p.m.

### Registration Fee

**\$60.00 (One Week)**

**\$100.00 (Both Weeks)**

Name \_\_\_\_\_ Email \_\_\_\_\_

Address \_\_\_\_\_ Phone \_\_\_\_\_ Grade (Fall '19) \_\_\_\_\_

T-Shirt Size (circle) YM YL AS AM AL AXL Short Size (circle) YL AS AM AL AXL

Registering for Week #1 \_\_\_\_\_ Registering for Week #2 \_\_\_\_\_ Registering for both Week #1 & #2 \_\_\_\_\_

My son has permission to participate in the Kennedy Men's Basketball Camp. I certify he is in good health and able to participate with no restrictions. I understand that Kennedy High School, the Camp Director, or anyone connected with the camp does not assume responsibility for accidents, medical, dental or other expenses incurred as a result of camp attendance. This is a private camp not sponsored by CRCSD.

Parent or Guardian Signature \_\_\_\_\_

**Make check payable to: Kennedy Boys' Basketball Camp**

Mail to: Kennedy High School, Attn: Jon McKowen, 4545 Wenig Rd NE,

Cedar Rapids, IA 52402